Contact: Stacey Massey 1302 Adams Street Vicksburg, MS 39180 Phone: 601-631-2997 Fax: 601-631-3734 Email: <u>stacey@southernculture.org</u> Website: www.southernculture.org



Southern Cultural Heritage FOUNDATION

## PRESS RELEASE

March 6, 2017

## For immediate release

## **Essential Oils 101**

Event Name:	Essential Oils 101
Presenters:	Sandra Brown
Dates:	Tuesday, March 28 <sup>th</sup> from 5:30 to 7:30pm
Admission:	\$20/SCHF Members and \$25/Non-Members

Description: What are essential oils and where do they come from? How do I use essential oils? What are the benefits of using essential oils? Can anyone use essential oils? Is there a difference in essential oil brands? Why use Certified Pure Therapeutic Grade DoTerra Oils? Can I use essential oils on my cat or dog? **Sandra Brown** will give you the answers to these questions in **Essential Oils 101** on **Tuesday**, **March 28<sup>th</sup>** from **5:30 to 7:30 pm**.

Learn the basics about using essential oils. Also, receive a 5ml wild orange essential oil for free for attending the workshop.

The fee for the class is \$20/SCHF members and \$25/non-members. Reservations are required and space is limited. To make a reservation, call 601.631.2997 or email info@southernculture.org.

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