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Southern Cultural Heritage **FOUNDATION**

PRESS RELEASE

October 3, 2019

FOR IMMEDIATE RELEASE

Event Name: LEBANESE COOKING WITH LANA

Presenter: Lana Hand

Tuesday, October 29, 2019 Date:

Time: 5:30 p.m. – 8:00 p.m.

Admission: \$35/SCHF Members and \$40/Non-Members

Description: Join us for Lebanese Cooking with Lana, a hands -on cooking experience. Lana Hand will present a Kibbee class on Tuesday, October 29th from 5:30 -8:00 pm. Kibbee is a favorite Lebanese dish made from cracked wheat, ground beef, onions, pine nuts and seasonings. We will bake and fry the kibbee. The class will also make Tabooli, a delicious salad made with wheat, tomatoes, parsley and green onions; seasoned with lemon juice and olive oil. There will also be pita bread to enjoy.

Registration is \$35/SCHF Members and \$40/Non-Members and includes all supplies. Space is limited and reservations are required. For more information, please contact the SCHF office at 601.631.2997 or email info@southernculture.org.