

September 2, 2009

Dear Corporate Team Friends:

Preparations are well under way for the 21st Over the River Run scheduled for 8 a.m. Saturday, October 10, 2009. The 5-mile course will start at the Vicksburg Welcome Center by the Old Mississippi River Bridge. Proceeds from this year's event will be donated to the Southern Cultural Heritage Foundation. An awards ceremony and After Party will follow the race and feature refreshments, fun, and family entertainment.

Each company can enter one or more corporate teams for \$75 (make checks payable to SCHF) per team participating. Each team must have a minimum of three and a maximum of five runners or walkers. All corporate team members must be employed for a minimum of 30 hours per week with your company. This is a way to promote healthy leisure activities and company team spirit. There will be awards presented to the first, second and third place corporate winning teams in both the 5-mile walk and 5-mile run categories. Team members will also be eligible to place in their individual age and sex categories.

I have enclosed a corporate team sign-up sheet for the Run and another for the Walk event, as well as entry forms that you can duplicate. Each corporate participant must complete an entry form with the consent signed. Please return Team sign-up sheets and entry forms together with the entry fee of \$75 per team on or before October 1, 2009. Pre-registration is required for all corporate teams. No late entries will be accepted in this category. If you have any questions, please contact us at 601-631-2997.

Sincerely,

Angie Wilkinson 2009 Over the River Run Race: Over the River Run

Date: October 10, 2009 Event: **5-Mile Run- Teams**

COMP. #	Name:	Age	Sex	Time
Team #	Team Name	Team Time:		
Team #	Team Name	Team Time:		
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Team #	Team Name	Team Time:		
Team #	Team Name	Team Time:		

Race: Over the River Run

Date: October 10, 2009 Event: 5-Mile Walk- Teams

COMP. #	Name:	Age	Sex	Time	
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The Mississippi Track Club

25 Entrants per page- Page #____

(5 Teams)